



# Awengrove

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**“Partnering with Nature” Wins Gold Medal from the Nautilus Book Award’s As  
One of the “World-Changing Books” Honored During BookExpo America in New  
York City**

“Partnering with Nature” by Catriona MacGregor (Simon & Schuster, Atria, Beyond Words) wins a Gold Medal from the 2011 Nautilus Book Award, which recognizes "world-changing books" that "promote spiritual growth, conscious living and positive social change as they stimulate the imagination and inspire the reader to new possibilities for a better world."

Previous winners include His Holiness The Dalai Lama, Deepak Chopra, Thich Nhat Hanh, Barbara Kingsolver, Carolyn Myss, Eckhart Tolle, Dr. Andrew Weil, Marianne Williamson, Naomi Wolf and Gary Zukav.

**"Partnering with Nature"** is a simple book with a powerful message that illuminates the fact that our connection to nature, animals, and the earth is a vital part of our existence. [Available at Amazon <http://tinyurl.com/yh4pkam> and on Kindle & iBooks]

Nautilus Book Awards recognize books of exceptional quality and merit and winners are carefully selected in a three-tiered judging process conducted by numerous teams of librarians, editors, book reviewers and leaders in the publishing industry. This is the 11th year that the Nautilus Book Awards have bestowed honors to recognize and reward world-changing books.

According to Richard Whitehurst, author of "Mahamantra Yoga: Chanting to Anchor the Mind and Access the Divine", *"Partnering with Nature is an astounding work that brings together eco-psychology, natural sciences, shamanism, history, spirituality, world myth and transformative nature-connecting techniques that will not only change the character of one's thinking but will...change the character of one's Being while living on this beautiful planet. It is a marvelous work of depth and vision. Partnering with Nature is a book that delivers what is required to establish a solid footing on the path to renewing and/or invigorating one's intimate relationship to the natural world."*

The book's author, Catriona MacGregor, has been a voice for animals and wild places all of her life. As an environmental leader, she has launched programs that protect species and habitat around the world. Catriona now devotes herself to educating the public about the importance of the natural world, and assisting individuals in forging a unique relationship to nature.

Since childhood, Catriona has had mystical experiences in nature that have provided her with a profound understanding of the natural world. A visionary bridge builder between nature and humankind - and an adept nature guide and naturalist, she leads vision quests, and nature tours. [[www.naturalpathfinder.com](http://www.naturalpathfinder.com)]

In 2005, Catriona founded Awen Grove, a non-profit organization, to bring the inspiration, wisdom and beauty of nature to benefit people's lives and the Earth, resulting in greater health and fulfillment for all living things. Awen Grove runs a Youth Quest program, which provides youth with inspiring outdoor adventures and a holistic introduction to and immersion in nature.[[www.awengrove.org](http://www.awengrove.org)]

Catriona's work has been covered in Time Magazine, Sports Illustrated, NPR Radio, The Shirley MacLaine Radio Show, NPR, and the Today Show. She is the coauthor of *Healing the Heart of the World: Harnessing the Power of Intention to Change Your Life and the Planet*, along with Carolyn Myss, Jean Shinoda Bolen, Masaru Emoto, Fritjof Capra, Thich Nhat Hanh, et al..

According to MacGregor, "Winning a 2011 Nautilus Book Award affirms the importance of the message that "Partnering" brings to the world. "By adopting an ethical construct

*that holds that all living things are sacred, we can solve problems, like species loss and global warming, as well as gain greater awareness about who and what we are in relation to the Earth and other living creatures.”*

The author, Catriona MacGregor, will sign copies of her book on Wednesday, May 26<sup>th</sup> between 3-4, at BookExpo America “BEA” in New York City at the “Science, Nature, & Environment” autographing Table # 28 between 3:00 - 4:00 p.m. “Partnering with Nature” will also be at the Nautilus Book Awards Booth, and the Beyond Words Booth.

The complete list of 2011 Nautilus Book Award winners will also be announced during BookExpo America (BEA) in New York City.

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“I highly recommend “Partnering with Nature”. The insight (Catriona) shares is something that we can all benefit from. Shirley MacLaine

“Partnering with Nature” helps awaken all of us to the transformative powers of nature.”  
Richard Louv, author of Last Child in the Woods

“**Partnering with Nature**” is a profound invitation to step into the sacred realm of the soul. Catriona helps us make this revered journey into the hallowed spaces that only nature can provide. I love this book. Denise Linn, author of Sacred Space

Catriona MacGregor gives us a mystical and practical manual for our times to reconnect with the Nature’s sacred healing power for our own benefit and that of all life on Earth”  
Penelope Smith, author of Animal Talk



*Catriona MacGregor is Available for Interviews:*

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